

Autumn/Winter Term Menu

Full allergen information is available and special dietary requirements can be catered for, please contact your school for details. It may be necessary to change the menu without prior notice.

Week Commencing	Monday	Tuesday	Wednesday	Thursday	Friday
MENU ONE 07/09/15 28/09/15 19/10/15 16/11/15 7/12/15 11/01/16 01/02/16	MARGHERITA PIZZA Served with Potato Wedges OR JACKET POTATO AND TUNA MAYO Served with Baked Beans and Sweetcorn FRUITY CUPCAKE and Milkshake OR FRESH FRUIT OR YOGHURT	COTTAGE PIE OR VEGGIE COTTAGE PIE Served with Broccoli Florets and/or Carrots CHOCOLATE OAT DELIGHT and Chocolate Sauce OR FRESH FRUIT OR YOGHURT	SAUSAGE AND TOMATO PENNE OR VEGETARIAN SAUSAGE PENNE Served with Crusty Roll and Mixed Vegetables STRAWBERRY MOUSSE OR FRESH FRUIT OR YOGHURT	CHICKEN FILLET OR QUORN FILLET Served with Yorkshire Pudding, Creamed Potatoes, Baby Carrots and/or Green Beans MACARON TART and Custard OR FRESH FRUIT OR YOGHURT	FISH FINGERS OR VEGETABLE NUGGETS Served with Chunky Chips, Garden Peas and/or Sweetcorn EVE'S PUDDING and Custard OR FRESH FRUIT OR YOGHURT
MENU TWO 14/09/15 05/10/15 02/11/15 23/11/15 14/12/15 18/01/16 08/02/16	CHICKEN CURRY OR VEGETABLE CURRY Served with Steamed Rice and Mixed Vegetables CHOCOLATE CRUNCH and Custard OR FRESH FRUIT OR YOGHURT	BURGER IN A BUN OR VEGGIE BURGER Served with Potato Wedges, Coleslaw and/or Baked Beans APPLE FLAPJACK and Custard OR FRESH FRUIT OR YOGHURT	CHICKEN PASTA BAKE OR TOMATO AND BASIL PASTA Served with Crusty Bread, Carrots and/or Green Beans CHOCOLATE CRACKLE and Milkshake OR FRESH FRUIT OR YOGHURT	ROAST HAM AND YORKSHIRE PUDDING OR VEGETARIAN TOAD IN THE HOLE Served with Roast Potatoes, Carrots and/or Broccoli RICE PUDDING and Fruit OR FRESH FRUIT OR YOGHURT	FILLET OF FISH OR CHEESE AND ONION ROLL Served with Chunky Chips, Garden Peas and/or Sweetcorn ICED SPONGE and Custard OR FRESH FRUIT OR YOGHURT
MENU THREE 21/09/15 12/10/15 09/11/15 30/11/15 04/01/16 25/01/16	MEATBALLS IN RUSTIC TOMATO SAUCE OR VEGGIE MEATBALLS Served with Steamed Rice, Sweetcorn and/or Garden Peas ICED CORNFLAKE SPECIAL and Custard OR FRESH FRUIT OR YOGHURT	ROAST PORK LOIN OR QUORN ROAST Served with Sage and Onion Stuffing, Roast Potatoes, Broccoli and/or Carrots FRUIT MUFFIN and Milkshake OR FRESH FRUIT OR YOGHURT	SPAGHETTI BOLOGNESE OR VEGGIE BOLOGNESE Served with Garlic Bread and Mixed Vegetables WELLINGTON FUDGE and Custard OR FRESH FRUIT OR YOGHURT	CHICKEN PIE OR QUORN PIE Served with Creamed Potatoes, Carrots and/or Green Beans ICE CREAM ROLL and Fruit OR FRESH FRUIT OR YOGHURT	FISH CAKE Served with Chunky Chips and Garden Peas OR JACKET POTATO Served with Cheese and Baked Beans MARBLE SPONGE and Custard OR FRESH FRUIT OR YOGHURT

Denotes dishes made in the kitchen

Denotes vegetarian option (available on request)

Please note: Individual schools may also offer a salad bar or sandwich option as an alternative to a hot meal. They may also offer healthy option drinks – Please contact your school for details.