

Spring Summer Menu

Full allergen information is available and special dietary requirements can be catered for, please contact your school for details. It may be necessary to change the menu without prior notice.

Week Commencing

Monday

Tuesday

Wednesday

Thursday

Friday

MENU ONE

22/02/16
14/03/16
18/04/16
9/05/16
6/06/16
27/06/16
18/07/16

SAUSAGE ROLL

OR

🍷 **CHEESE AND EGG SLICE** **V**

Served with
Potato Wedges, Baked Beans
and/or Garden Peas

🍷 **CHOCOLATE OAT
DELIGHT**

OR

FRESH FRUIT **OR**
LOW FAT YOGHURT

🍷 ITALIAN STYLE CHICKEN

OR

🍷 **ITALIAN STYLE
QUORN FILLET** **V**

Served with
Rice, Baby Carrots
and/or Cauliflower

🍷 **SUMMER CUPCAKE**
and Custard

OR

FRESH FRUIT **OR**
LOW FAT YOGHURT

🍷 **ROAST BEEF AND
YORKSHIRE PUDDING**

OR

🍷 **VEGGIE SAUSAGE AND
YORKSHIRE PUDDING** **V**

Served with
Creamed Potatoes, Broccoli
and/or Carrots

🍷 **FRUIT AND ICE CREAM**

OR

FRESH FRUIT **OR**
LOW FAT YOGHURT

🍷 **HAM AND TOMATO
PASTA BAKE**

OR

🍷 **PASTA NAPOLITAN** **V**

Served with
Crispy Roll, Mixed Veg,
and/or Summer Salad

🍷 **ICED CHOCOLATE CAKE**

OR

FRESH FRUIT **OR**
LOW FAT YOGHURT

FISH BITES

OR

🍷 **VEGETABLE NUGGETS** **V**

Served with
Chunky Chips, Garden Peas
and/or Sweetcorn

🍷 **FRUIT CRUMBLE**
and Custard

OR

FRESH FRUIT **OR**
LOW FAT YOGHURT

MENU TWO

29/02/16
21/03/16
25/04/16
16/05/16
13/06/16
04/07/16

🍷 **PEPPERONI PIZZA**

OR

🍷 **MARGHERITA PIZZA** **V**

Served with
Potato Wedges, Baked Beans
and/or Sweetcorn

🍷 **OATY BISCUIT**
and Milkshake

OR

FRESH FRUIT **OR**
LOW FAT YOGHURT

🍷 **ROAST HAM AND
YORKSHIRE PUDDING**

OR

🍷 **VEGGIE CHILI AND RICE** **V**

Served with
Herby Potatoes, Cauliflower
and/or Garden Peas

🍷 **CHOCOLATE CRUNCH**
and Custard

OR

FRESH FRUIT **OR**
LOW FAT YOGHURT

🍷 **MINCED BEEF PIE**

OR

🍷 **VEGGIE PASTY** **V**

Served with
Creamed Potatoes, Carrots
and/or Sweetcorn

**RASPBERRY RIPLE
MOUSE**

OR

FRESH FRUIT **OR**
LOW FAT YOGHURT

🍷 **ROAST CHICKEN**

OR

🍷 **QUORN FILLET** **V**

Served with
Sage and Onion Stuffing,
Roast Potatoes,
Mixed Vegetables
and/or Broccoli

🍷 **MANDARIN CHEESECAKE**

OR

FRESH FRUIT **OR**
LOW FAT YOGHURT

FISH FINGERS

OR

🍷 **VEGGIE BURGER IN A BUN** **V**

Served with
Chunky Chips, Garden Peas
and Summer Salad

🍷 **SULTANA SHORTCAKE**
and Custard

OR

FRESH FRUIT **OR**
LOW FAT YOGHURT

MENU THREE

07/03/16
11/04/16
02/05/16
23/05/16
20/06/16
11/07/16

SAUSAGES

OR

🍷 **VEGGIE SAUSAGES** **V**

Served with
Yorkshire Pudding,
Creamed Potatoes, Cauliflower
and/or Garden Peas

🍷 **BAKEWELL TART**
and Custard

OR

FRESH FRUIT **OR**
LOW FAT YOGHURT

🍷 **CHICKEN WRAP**

OR

🍷 **VEGGIE WRAP** **V**

Served with
Steamed Rice, Broccoli
and/or Carrots

🍷 **CHOCOLATE CRACKLE**
and Milkshake

OR

FRESH FRUIT **OR**
LOW FAT YOGHURT

🍷 **BOLOGNESE PASTA BAKE**

OR

🍷 **VEGGIE BOLOGNESE** **V**

Served with
Crispy Bread, Summer Salad
and/or Garden Peas

🍷 **PEACH MELBA**

OR

FRESH FRUIT **OR**
LOW FAT YOGHURT

🍷 **ROAST PORK LOIN**

OR

🍷 **QUORN ROAST** **V**

Served with
Sage and Onion Stuffing,
Roast Potatoes, Carrots
and/or Green Beans

🍷 **FRESH FRUIT PLATTER**

OR

FRESH FRUIT **OR**
LOW FAT YOGHURT

FILLET OF FISH

OR

🍷 **JACKET POTATO
WITH CHEESE** **V**

Served with
Chunky Chips and Garden Peas

🍷 **ICED LEMON SPONGE**
and Custard

OR

FRESH FRUIT **OR**
LOW FAT YOGHURT



Denotes dishes made in the kitchen



Denotes vegetarian option (available on request)

Please note: Individual schools may offer an alternative choice to the meal options above – Please contact your school for details.