

Autumn/Winter Term Menu

Full allergen information is available and special dietary requirements can be catered for, please contact your school for details. It may be necessary to change the menu without prior notice.

Week Commencing	Monday	Tuesday	Wednesday	Thursday	Friday
MENU ONE 05/09/16 26/09/16 16/10/16 14/11/14 05/12/16 09/01/17 30/01/17	Meatballs OR V Veggie Meatballs Rustic Tomato Sauce Pasta Broccoli Florets and Sweetcorn OR Eves Pudding and Custard OR Fresh Fruit OR Yoghurt	Roast Ham OR V Quorn Roast Yorkshire Pudding Creamed Potatoes Green Beans and Carrots OR Chocolate Cookie OR Fresh Fruit OR Yoghurt	Chicken with Sweet Chill Sauce OR V Veggie Sweet Chill Tortilla Wrap Vegetable Sticks OR Marble Sponge and Custard OR Fresh Fruit OR Yoghurt	Spaghetti Bolognese OR V Veggie Bolognese Selection of Bread Vegetable Medley OR Ice-Cream Roll and Tropical Fruit OR Fresh Fruit OR Yoghurt	Fish Goujons OR V Cheese Wheels Steak Fries Garden Peas and Sweetcorn OR Raspberry Buns OR Fresh Fruit OR Yoghurt
MENU TWO 12/09/16 03/10/16 31/10/16 14/10/16 05/12/16 16/01/17 06/02/17	Chicken Fillet OR V Quorn Fillet Sage and Onion Stuffing Creamed Potatoes Baby Carrots and Garden Peas OR Fruity Muffin OR Fresh Fruit OR Yoghurt	Pork Hotpot OR V Country Vegetable Casserole Broccoli and Cauliflower Florets OR Lemon Drizzle and Custard OR Fresh Fruit OR Yoghurt	Chicken and Tomato Pasta Bake OR V Pasta Napolitan Garlic Bread Winter Salad OR Chocolate Krispie Slice OR Fresh Fruit OR Yoghurt	Sausage and Cheddar Squares OR V Veggie Sausage Saute Potatoes Baked Beans and Garden Peas OR Banana Custard OR Fresh Fruit OR Yoghurt	Breaded Salmon Fillet Potato Wedges Vegetable Medley OR V Jacket Potato With Cheese and Coleslaw OR St. Clements Shortcake and Custard OR Fresh Fruit OR Yoghurt
MENU THREE 19/09/16 10/10/16 07/11/16 28/11/16 02/01/17 30/01/17 13/02/17	Ham and Cheese Pizza OR Margherita Pizza Potato Wedges Garden Peas and Baked Beans OR Chocolate Crunch and Firk Custard OR Fresh Fruit OR Yoghurt	Classic Lasagne OR V Roasted Vegetable Lasagne Selection of Bread Winter Salad OR Strawberry Mousse OR Fresh Fruit OR Yoghurt	Roast Pork Loin OR V Quorn Roast Yorkshire Pudding Creamed Potatoes Broccoli and Carrots OR Oaty Apple and Cinnamon Crumble and Custard OR Fresh Fruit OR Yoghurt	Chicken Korma OR V Vegetable Korma Brown and White Rice Naan Bread Vegetable Medley OR Melting Moment OR Fresh Fruit OR Yoghurt	Tempura Battered Fish OR V Cheese and Egg Slice Steak Fries Sweetcorn and Garden Peas OR Pear and Chocolate Sponge OR Fresh Fruit OR Yoghurt

V Denotes vegetarian option (available on request)

Denotes dishes made in the kitchen

Note: Individual schools may offer an alternative choice to the meal options shown. Please contact your school for details.