



DAILY LUNCH MENU

AUTUMN / WINTER 2017



EAST RIDING
OF YORKSHIRE COUNCIL

Autumn/Winter Menu

Week Commencing

Monday

Tuesday

MENU ONE

4 September
25 September
16 October
13 November
4 December
8 January
29 January

Beefburger in a Bun
V 'Veggie Burger'

Potato Wedges
Baked Beans, Peas

Fruit & Ice Cream

OR Fresh Fruit OR Yoghurt

(K) Chicken Curry
V Keema Curry

Naan Bread, Rice
Mixed Vegetables

(K) Lemon Drizzle &
Custard

OR Fresh Fruit OR Yoghurt

MENU TWO

11 September
2 October
23 October
20 November
11 December
15 January
5 February

(K) Chicken Pasta
V Pasta Napolitan

Crusty Bread, Carrots &
Sweetcorn

(K) Iced Cornflake
Special & Custard

OR Fresh Fruit OR Yoghurt

(K) Beef Cobbler
V Country Veg Cobbler

Mashed Potatoes,
Baby Carrots

Strawberry Mousse

OR Fresh Fruit OR Yoghurt

MENU THREE

18 September
9 October
6 November
27 November
18 December
22 January

Margherita Pizza

Wedges, Peas and Baked
Beans

(K) Orange Cookie with
mandarins

OR Fresh Fruit OR Yoghurt

(K) Spaghetti Bolognaise
V Tomato Tagliatelle

Crusty Roll,
Mixed Vegetables

(K) Chocolate Crunch &
Custard

OR Fresh Fruit OR Yoghurt

(v) Vegetarian option (available on request)

(k) Dishes made in the kitchen

Full allergen information is available and special dietary requirements can be catered for, please contact your school for details. It may be necessary to change the menu without prior notice.

Wednesday

(K) Roast Loin of Pork
V Quorn Roast

Stuffing, Roast Potatoes,
Broccoli, Carrots

(K) Chocolate Cookie &
Milkshake

OR Fresh Fruit OR Yoghurt

Thursday

(K) V Pasta Bake

Crusty Roll, Baby Carrots
Mixed Vegetables

Arctic Roll

OR Fresh Fruit OR Yoghurt

Friday

Fish Fingers
V Vegetable Nuggets

Steak Fries, Garden Peas
Sweetcorn

(K) Flapjack & Custard
with Apple Wedges

OR Fresh Fruit OR Yoghurt

Braised Steak with
Yorkshire Puds
V Quorn Roast

Mashed Potatoes,
Cauliflower, Peas & Gravy

(K) Fruit Muffin &
Milkshake

OR Fresh Fruit OR Yoghurt

(K) Chicken Wrap
V Quorn Wrap

BBQ sauce, Rice,
Veggie sticks

(K) Chocolate Brownie

OR Fresh Fruit OR Yoghurt

Fillet of Fish
V Cheese & Onion Pastie

Steak Fries,
Peas and Sweetcorn

Frozen Yoghurt & Fruit

OR Fresh Fruit OR Yoghurt

(K) Roast Chicken &
Stuffing
V Quorn Roast

Roast Potatoes, Broccoli
& Carrots

(K) Sponge with Apple
Slices and Custard

OR Fresh Fruit OR Yoghurt

Sausage & Yorkshire
Pudding
V Quorn Sausage

Peas & Baby Carrots

(K) Chocolate Krispie
Slice

OR Fresh Fruit OR Yoghurt

Salmon Fishcake
V Veggie Cake

Chips, Peas and
Sweetcorn

Syrup Sponge & Custard

OR Fresh Fruit OR Yoghurt

Note: Individual schools may offer an alternative choice to the meal options shown. Please contact your school for details.

Give school meals a try

If you are interested in trying school meals, simply contact the main office at your child's school.

Is your child missing out?

If you feel or are unsure if your child is eligible for a free school meal you can contact the council's benefits section on **(01482) 394799** or ask for an application form from your school secretary.

Comments

Should you require any further information, or would like to make comments on your child's school meal service, contact us as follows:



www.eastriding.gov.uk/schoolmeals



schoolmeals@eastriding.gov.uk



(01482) 393939



East Riding of Yorkshire Council, Catering Unit,
County Hall, Beverley, East Riding of Yorkshire HU17 9BA

This information can be made available in other languages or formats if required.
To request another format, please contact us via telephone **(01482) 393939**
or email schoolmeals@eastriding.gov.uk