

MENU 1

w/c

3
SEP

MONDAY

CHICKEN PASTA BAKE
OR

VEGETABLE PASTA BAKE
Potato Wedges, Sweetcorn and Winter Salad

CHOCOLATE COOKIE
and Milkshake
OR Fresh Fruit OR Yoghurt

24
SEP

15
OCT

TUESDAY

BRAISED STEAK OR
 **COUNTRY VEGETABLE
CASSEROLE**

Yorkshire Pudding, Mashed Potato,
Baby Carrots and Cauliflower

FRUIT MUFFIN
OR Fresh Fruit OR Yoghurt

12
NOV

3
DEC

WEDNESDAY

ROAST PORK LOIN
OR

QUORN ROAST
Sage and Onion Stuffing, Oven Roast Potatoes,
Broccoli and Carrots

STRAWBERRY MOUSSE
OR Fresh Fruit OR Yoghurt

7
JAN

28
JAN

THURSDAY

CHICKEN CURRY
OR

KEEMA CURRY
Naan Bread, Steamed Rice and Mixed Vegetables

MADLINE SPONGE
and Custard
OR Fresh Fruit OR Yoghurt

FILLET OF FISH
OR

VEGETABLE NUGGETS
Steak Fries, Garden Peas and Baked Beans
 WINTER BERRY CRUMBLE
and Ice Cream
OR Fresh Fruit OR Yoghurt

FRIDAY

MENU 2

w/c

10
SEP

MONDAY

PEPPERONI PIZZA
OR

CHEESE AND TOMATO PIZZA
Potato Wedges, Garden Peas and Baked Beans

MARBLE SPONGE
and Custard
OR Fresh Fruit OR Yoghurt

1
OCT

22
OCT

TUESDAY

CLASSIC LASAGNE
OR

**ROASTED VEGETABLE
LASAGNE**
Crusty Bread and Winter Salad

CHOCOLATE KRISPIE SLICE
OR Fresh Fruit OR Yoghurt

19
NOV

10
DEC

WEDNESDAY

ROAST HAM
OR

QUORN ROAST
Yorkshire Pudding, Mashed Potato,
Cauliflower and Garden Peas

FRUIT PLATTER
OR Fresh Fruit OR Yoghurt

14
JAN

4
FEB

THURSDAY

CHICKEN WRAP
with Baby Carrots and Sweetcorn OR

JACKET POTATO
with Cheese and Coleslaw

ORANGE SHORTCAKE
and Custard
OR Fresh Fruit OR Yoghurt

FISHCAKE
OR

CHEESE PASTA BAKE
Steak Fries, Garden Peas and Sweetcorn

APPLE FLAPJACK
and Ice Cream
OR Fresh Fruit OR Yoghurt

FRIDAY

MENU 3

w/c

17
SEP

MONDAY

ITALIAN STYLE CHICKEN
OR

VEGETABLE CURRY
Potato Wedges, Garden Peas and Baked Beans

SYRUP SPONGE
and Custard
OR Fresh Fruit OR Yoghurt

8
OCT

5
NOV

TUESDAY

SAUSAGE OR
 VEGETARIAN SAUSAGE
Yorkshire Pudding, Mashed Potato, Green Beans
and Sweetcorn

CHOCOLATE MOUSSE
and Mandarins
OR Fresh Fruit OR Yoghurt

26
NOV

17
DEC

WEDNESDAY

ROAST TURKEY
OR

QUORN ROAST
Sage and Onion Stuffing, Mashed Potatoes,
Peas and Carrots

OATY BISCUIT
and Milkshake
OR Fresh Fruit OR Yoghurt

21
JAN

11
FEB

THURSDAY

BOLOGNAISE PASTA BAKE
OR

PASTA NAPOLITAN
Crusty Bread and Mixed Vegetables

EVES PUDDING
and Custard
OR Fresh Fruit OR Yoghurt

FISH FINGERS

with Steak Fries, Garden Peas and Sweetcorn
OR

JACKET POTATO
with Cheese and Beans

CHOCOLATE CRUNCH
and Pink Custard
OR Fresh Fruit OR Yoghurt

FRIDAY