

MENU 1

w/c

02
SEP

MONDAY

[K] SAUSAGE BAGUETTE

OR

[V] QUORN SAUSAGE BAGUETTE

Oven Baked Wedges, Coleslaw and Baked Beans

FRESH FRUIT OR YOGHURT

OR

Sultana Shortcake and Custard

23
SEP

14
OCT

TUESDAY

[K] STICKY CHICKEN

OR

[V] JACKET POTATO AND FILLING

Vegetable Rice and Salad

FRESH FRUIT OR YOGHURT

OR

Iced Cookie, Fruit Wedges and Milkshake

11
NOV

02
DEC

WEDNESDAY

[K] GAMMON AND PINEAPPLE

OR

[V] QUORN ROAST

Oven Roast Potatoes and Cauliflower & Broccoli

FRESH FRUIT OR YOGHURT

OR

Banoffee Mousse and Banana

06
JAN

27
JAN

THURSDAY

[K][V] PASTA NEAPOLITAN

Crusty Bread, Baby Carrots and Green Beans

FRESH FRUIT OR YOGHURT

OR

Chocolate Krispie Slice and Mandarins

FRIDAY

FISHCAKE AND TOMATO SAUCE

OR

[V] VEGETABLE NIBBLES

Chips, Garden Peas and Sweetcorn

FRESH FRUIT OR YOGHURT

OR

Lemon Drizzle and Custard

MENU 2

w/c

09
SEP

MONDAY

[V] MARGHERITA PIZZA

Garlic Wedges, Garden Peas and Coleslaw

FRESH FRUIT OR YOGHURT

OR

Arctic Roll and Peaches

30
SEP

21
OCT

TUESDAY

[K] MEATBALLS IN TOMATO SAUCE

OR

[V] QUORN MEATBALLS

Pasta and Salad

FRESH FRUIT OR YOGHURT

OR

Apple Crisp and Custard

18
NOV

09
DEC

WEDNESDAY

[K] ROAST PORK LOIN

OR

[V] QUORN ROAST

Oven Roast Potatoes, Broccoli and Baby Carrots

FRESH FRUIT OR YOGHURT

OR

Frosted Chocolate Cake

13
JAN

03
FEB

THURSDAY

[K] CHICKEN WRAP

OR

[K][V] VEGETARIAN WRAP

Rice and Vegetable Medley

FRESH FRUIT OR YOGHURT

OR

Melting Moment and Milkshake

FRIDAY

FISH FINGERS

Chips, Baked Beans and Garden Peas

OR

[V] JACKET POTATO

Cheese and Baked Beans

FRESH FRUIT OR YOGHURT

OR Orange Sponge and Chocolate Sauce

MENU 3

w/c

16
SEP

MONDAY

[K] ITALIAN CHICKEN FILLET AND PASTA IN A TOMATO SAUCE

OR

[V] CHEESE AND ONION PASTA

Baby Carrots and Garden Peas

FRESH FRUIT OR YOGHURT

OR Steamed Jam Sponge and Custard

07
OCT

04
NOV

TUESDAY

[K] PULLED PORK IN A SOFT BUN

OR

[K][V] ROASTED VEGETABLE WRAP

Cajun Wedges, Coleslaw and Salad

FRESH FRUIT OR YOGHURT

OR

Chocolate Crunch and Chocolate Sauce

25
NOV

16
DEC

WEDNESDAY

[K] ROAST TURKEY

OR

[V] QUORN ROAST

Mashed Potato, Cauliflower, Broccoli and Yorkshire Pud

FRESH FRUIT OR YOGHURT

OR

Frozen Yoghurt and Fruit

20
JAN

10
FEB

THURSDAY

[K] BACON AND LEEK PASTA

OR

[K][V] QUORN SWEET AND SOUR

Rice, Crusty Bread, Baby Carrots and Green Beans

FRESH FRUIT OR YOGHURT

OR

Chocolate Sponge, Sliced Pear and Custard

FRIDAY

FILLET OF FISH

OR

[V] CHEESE&ONION POTATO SKINS

Chips, Garden Peas and Baked Beans

FRESH FRUIT OR YOGHURT

OR

Fruit Cheesecake

Dishes made in the kitchen

Vegetarian option (available on request)