

MENU 1

MENU 2

MENU 3

w/c

07
SEP

MONDAY

MEAT FREE MONDAY

MARGHERITA PIZZA

Wedges, Baked Beans or Peas

Ice Cream Roll and Peaches
OR Fresh Fruit OR Yoghurt

28
SEP

19
OCT

TUESDAY

[K] STICKY CHICKEN

Vegetable Noodles and Sweetcorn

OR [V] JACKET POTATO

Cheese and Coleslaw

[K] Chocolate Sponge and Chocolate Custard
OR Fresh Fruit OR Yoghurt

16
NOV

07
DEC

WEDNESDAY

GAMMON AND PINEAPPLE

OR [V] QUORN ROAST

Roast Potatoes
Cauliflower and Broccoli

[K] Oaty Biscuit and Fruit
OR Fresh Fruit OR Yoghurt

11
JAN

01
FEB

THURSDAY

[K] [V] PASTA NEAPOLITAN

Garlic Bread and Mixed Vegetables

[K] Orange Shortcake and Custard
OR Fresh Fruit OR Yoghurt

FRIDAY

FISHCAKE OR [K][V] CHEESE AND ONION POTATO SKINS

Chips and Garden Peas or Beans

[K] Banana Muffins
OR Fresh Fruit OR Yoghurt

w/c

14
SEP

MONDAY

MEAT FREE MONDAY

[K] MEGA MACARONI BAKE

Crusty Roll, Peas and Sweetcorn

[K] Melting Moment and Strawberry Milkshake
OR Fresh Fruit OR Yoghurt

05
OCT

02
NOV

TUESDAY

[K] MEAT BALLS IN TOMATO SAUCE

OR [V] NO-MEAT BALLS IN TOMATO SAUCE

Steamed Rice and Mixed Vegetables

[K] Eve's Pudding and Custard
OR Fresh Fruit OR Yoghurt

23
NOV

14
DEC

WEDNESDAY

ROAST CHICKEN, STUFFING AND GRAVY

OR [V] QUORN ROAST, STUFFING AND GRAVY

Mashed Potato, Baby Carrots and Green Beans

Raspberry Mousse and Fruit
OR Fresh Fruit OR Yoghurt

18
JAN

08
FEB

THURSDAY

PULLED PORK IN A SOFT BUN

OR [V] ROASTED VEGETABLE WRAP

Wedges, Coleslaw and Vegetable Sticks

[K] Chocolate Crunch and Chocolate Custard
OR Fresh Fruit OR Yoghurt

FRIDAY

JUMBO FISH FINGER OR [V] VEGETABLE NUGGETS

Chips and Garden Peas or Beans

[K] Jelly & Fruit
OR Fresh Fruit OR Yoghurt

w/c

21
SEP

MONDAY

MEAT FREE MONDAY

VEGETABLE BURGER IN A SOFT BUN

Oven Baked Wedges, Sweetcorn and Peas

Frozen Yoghurt and Fruit
OR Fresh Fruit OR Yoghurt

12
OCT

09
NOV

TUESDAY

SAUSAGE AND ONION GRAVY

OR [V] NO-MEAT SAUSAGE AND ONION GRAVY

Mashed Potato, Baby Carrots and Broccoli

[K] Chocolate Krispie Slice and Mandarins
OR Fresh Fruit OR Yoghurt

30
NOV

04
JAN

WEDNESDAY

ROAST BEEF

OR [V] QUORN ROAST

Yorkshire Pudding, Oven Roast Potatoes, Baby Carrots
and Cauliflower

Cheese and Biscuits with Apple
OR Fresh Fruit OR Yoghurt

25
JAN

THURSDAY

[K] CHICKEN WRAP

OR

[V] VEGETABLE WRAP

Steamed Rice and Mixed Vegetables

[K] Orange Sponge and Chocolate Custard
OR Fresh Fruit OR Yoghurt

FRIDAY

FILLET OF FISH

OR

[K][V] CHEESE PASTA BAKE

Steak Fries and Garden Peas or Beans

[K] Frosted Chocolate Cake
OR Fresh Fruit OR Yoghurt