

Physical Education (PE)

Our PE curriculum is designed to ensure all our children are active, realise the benefit exercise can have on health and well-being and for them to have experience of a broad range of activities and opportunities.

<u>Intent</u>	<u>Implementation</u>	<u>Impact</u>
• To ensure that all children are physically active every day and participate in at least two hours of PE lessons each week. • Have a broad range and balance of activities on offer including after school provision. • To know and understand the link between physical activity, fitness and well-being. • To encourage all children to participate in a wide range of activities and opportunities. • To ensure all children show good sportsmanship and a sense of fairness. • To ensure our uniform policy enables children to be active on a daily basis, not just during PE lessons. • To create a love of sport, competition and being active.	• Give children quality PE lessons and coaching sessions. • Offer after school clubs run by experienced, qualified coaches. • Take part in local competitions as part of the School Sports Partnership • Provide a term of swimming lessons for all Year 4,5 & 6 children. • Ensure the Sports Premium funding is used effectively to enhance our provision and offer a breadth of opportunities to our children. • Provide an active environment, one which encourages physical activity such as outdoor gym equipment, trim trail, climbing equipment and sports equipment. • To make cross-curricular links with other subjects such as Music, PSHE and DT.	• Feedback from children about their experience. • An increase in physical activity during PE lessons and playtimes. • Good uptake/participation of afterschool clubs and sporting fixtures. • Children are taught the skills and knowledge to progress through their education. • Children are given opportunities and choices for a bright and successful future, develop a love of sport and physical activity and pursue these outside of school.